

Swim Meets

June 11th
June 20th
LPGA Water Station: Saturday, June 29th (morning)
July 11th (At Pinnacle Country Club)
July 20th
July 29th

Practice Times

Monday - 11:00am - 12:00pm
Tuesday - 11:00am - 12:00pm
Thursday - 11:00am - 12:00pm

Rates

\$30 registration fee
\$180 for the season



2019 SWIM TEAM INFORMATION

REGISTRATION FORM

Child's Name	Gender	Age	Birthday	Shirt Size
1. _____	_____	_____	_____	_____
2. _____	_____	_____	_____	_____
3. _____	_____	_____	_____	_____
4. _____	_____	_____	_____	_____
5. _____	_____	_____	_____	_____

Parent's Name: _____

Phone Number: _____ Email Address: _____

Emergency Contact Name & Phone : _____

Session Dates

May 30th - July 29th (includes 5 swim meets)

Practice Times

Monday, Tuesday and Thursday - 11:00am - 12:00pm

Fees

\$30 Registration Fee

\$180 Session Fee

Method of Payment (Check One)

Member Charge (Include Member #) _____ Check _____ Cash _____

Parents – please plan to help work the Pinnacle home swim meet on Thursday, July 11th in the afternoon/evening. Caps and goggles are highly recommended.

Please read the following information carefully: **No child will be permitted to participate in the summer Penguin swim team unless they are members of the PCC and either a parent or legal guardian sign this form. By signing this form, you waive all claims for injuries that the participant may sustain through this program. **The Registration Fee is non-refundable. Session Fees will be charged on June 1st and refunds/credits will not be given after June 13th.****

I agree to assume full risk and to waive and release all claims I and/or the participant may have against the PINNACLE COUNTRY CLUB. This release also includes the PCC's agents, servants, and employees from any such claims resulting from injury, damages, or loss sustained on account of participation in this PCC program. I understand that I am responsible for all personal medical insurance and that the participant's family must cover all medical costs incurred. I agree to emergency treatment by a physician or hospital in the event that the listed emergency contact cannot be reached.

Parent or Legal Guardian Signature: _____

Please turn this form into the Member Payment Box in the Clubhouse Lobby.

The Pinnacle Penguin Swim Team is THE place to be to learn ALL of the following:

- Water safety
- Proper competitive stroke technique for Freestyle, Backstroke, Breaststroke, and Butterfly
- Proper starts and turns
- Team spirit
- A FUN summer experience in an encouraging, positive, and friendly competitive environment

Session Dates

May 30th - July 30th
Includes 4 Swim Meets
\$180

Coaching Staff

Keaton Dir - Head Coach

Keaton has been coaching the sport of swimming for the past five years and pulls his knowledge from eighteen years of his own swimming experience. Keaton has had the opportunity to swim at the highest level and knows the importance of being taught good technique from a young age. His main goal as a coach is for his swimmers to have fun while being taught the importance of proper swim technique.

Certifications & Achievements:

- USA Swimming Certified Coach
- NCAA Division II All-American Honorable Mention - 2018 - 200 Freestyle & 800 Freestyle Relay
- USA Swimming US Open Qualifier/Competitor - 2017
- Two-time Captain as a member of the William Jewell College Swimming program
- School record holder at William Jewell College - 100 Free, 200 Free, 200 Free Relay, 400 Free Relay, 800 Freestyle Relay, 400 Medley Relay
- Great Lakes Valley Conference (GLVC) Finalist 200 Freestyle (2015, 2016, 2017, 2018)



Phone: (815)-590-3828

Email: Kdirpinnaclecc@gmail.com